Table 1. Time Use by Americans Ages 20-64: Minutes per Representative Day, 2003-2009*

<table>
<thead>
<tr>
<th></th>
<th>Men</th>
<th>Women</th>
</tr>
</thead>
<tbody>
<tr>
<td>Market Work</td>
<td>340</td>
<td>241</td>
</tr>
<tr>
<td>Household production</td>
<td>155</td>
<td>264</td>
</tr>
<tr>
<td>Personal maintenance**</td>
<td>616</td>
<td>635</td>
</tr>
<tr>
<td>Leisure</td>
<td>329</td>
<td>300</td>
</tr>
</tbody>
</table>

*Based on ATUS samples of 31,614 women, 24,742 men.
**Most of “personal maintenance” is sleep.