NBER | CENTER on the ECONOMICS of ALZHEIMER'S DISEASE/ADRD

Care for Persons with Dementia in Medicare Advantage and Traditional Medicare: Family Spillovers and Disparities

Lauren Hersch Nicholas, University of Colorado Alicia Arbaje, Johns Hopkins University Cathy Bradley, University of Colorado Stacy Fischer, University of Colorado Kenny Lam, University of Colorado Dan Polsky, Johns Hopkins University



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Background

- Patients with ADRD can require a lot of assistance, especially when living alone
- Medicare Advantage is now the dominant form of Medicare coverage, which can be
 - helpful (benefit flexibility, in home services, palliative care)
 - harmful (confusing to navigate, care denials, fewer services)
- High rates of discharge without followup care in MA in our prior work suggests potential burden on families





Research Objective

- Aim 1: Do ADRD patients experience more potentially burdensome transfers, potentially preventable hospitalizations, and discharges without home care in MA vs. TM?
- Aim 2: Does MA mitigate or contribute to disparities in care by race, ethnicity, or income among ADRD patients?
- Aim 3a: Do intergenerational transfers (time/money) differ in ADRD families when the patient has MA vs. TM?
- Aim 3b: Do posthumous family transfers differ in ADRD families with MA vs. TM?





Data Source & Study Population

- 100% Medicare data 2016 2024, all patients with any indication of ADRD, will compare to non-ADRD as well
 - Standardized time periods to avoid differential dx issues
- HRS + Medicare claims
 - Survey-ascertained ADRD
 - Claims-ascertained MA status





Key Measures & Outcomes

- Key exposure: MA enrollment
- Primary Outcomes:
 - Medicare: Potentially Preventable Hospitalizations, Discharges Home without Home Care, Potentially Burdensome Transfers
 - HRS: Time and financial transfers from children (inter-vivos), bequests to children





Analytic Approach

- Aims 1-2: descriptive regressions across definitions of MA status and ADRD
 - Hoping for new IV discoveries...
- Aim 3 GLM and quantile regressions of the value of time and financial transfers on MA enrollment and controls
 - Stratify by or instrument for informal care receipt using children/daughters residing nearby
 - Multiple strategies for valuing care provision
 - Paper 1 will be descriptive use of informal caregiving in MA vs TM targeting a clinical journal





Implications for the Economics of ADRD

- Calculations of potential overpayments to MA plans currently do not account for the value of informal care provided or avoided
- Medicare beneficiaries likely deciding on coverage type without considering intergenerational implications





Leveraging the Coordinating Center

- Shared DUAs/Code
- Meetings with non-economists
- Conference or policy panels
- New IVs?



