

# Interest Rates and Equity Valuations

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*CBS, Chicago Booth, & NBER*

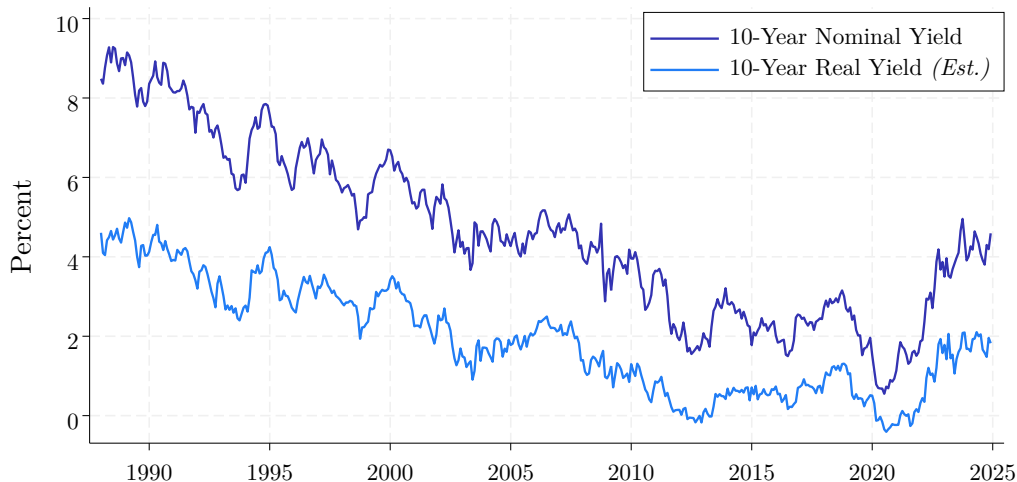
EBEN LAZARUS  
*UC Berkeley Haas*

NBER SI Asset Pricing

JULY 2025

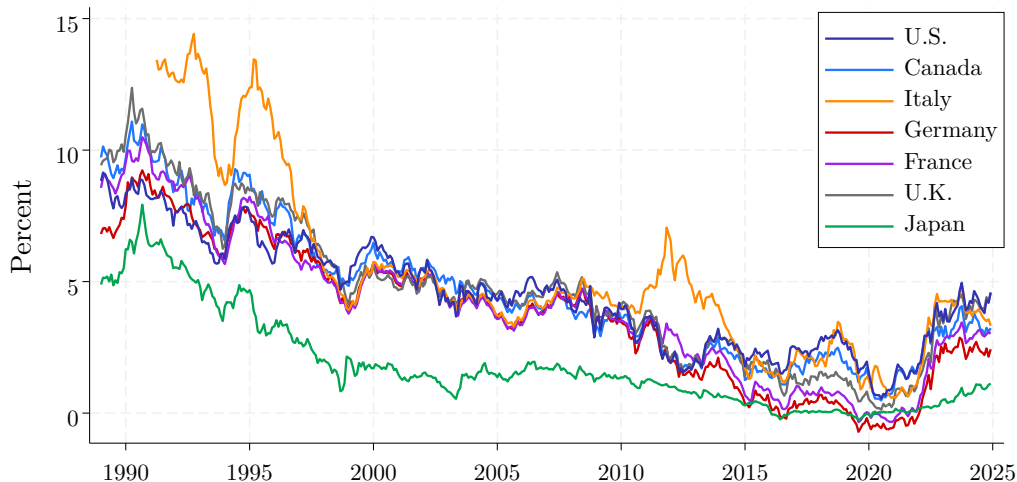
# Well-Known Trends: Declining Interest Rates...

**U.S. Interest Rates**



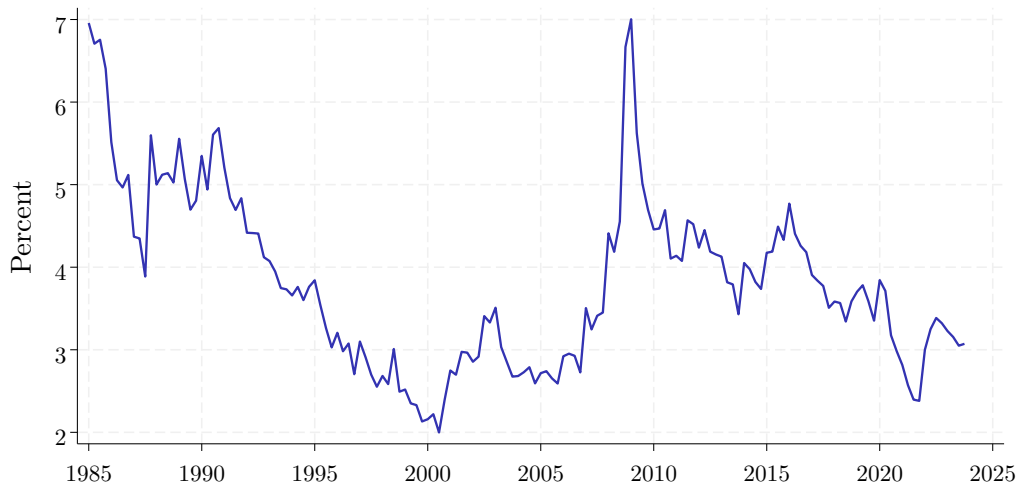
# Well-Known Trends: Declining Interest Rates...

**Global Interest Rates: G7 Countries**






## ...and Increasing Domestic Stock Valuations

**U.S. Value-Weighted Equity Earnings Yield ( $E/P$ )**



# How Do Interest Rates Affect Equities?

**Tempting line of reasoning:**

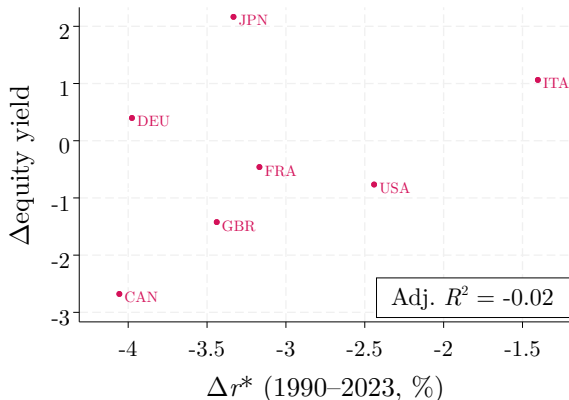
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...but empirically, interest rates and equity valuations are often disconnected:

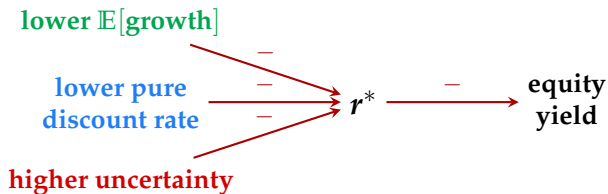


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**Stock–yield disconnect arises because interest rates are endogenous:**

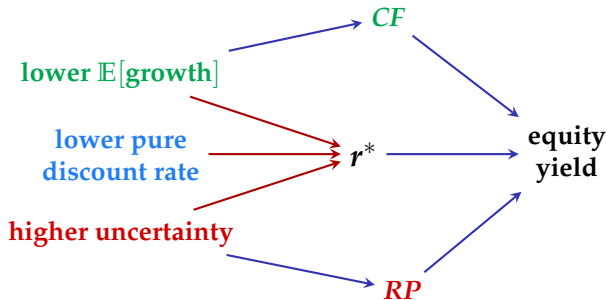


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Bonds and stocks move 1-for-1 only under (ii). Weaker/neg. comovement for (i) & (iii).

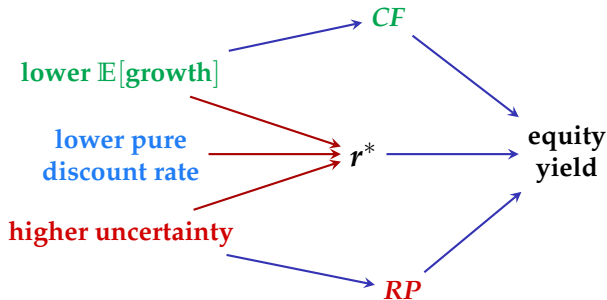


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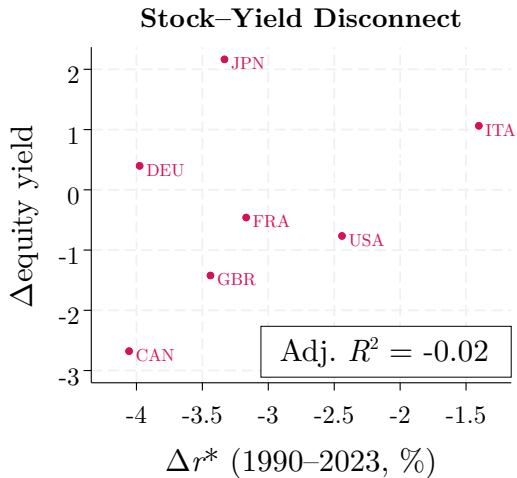
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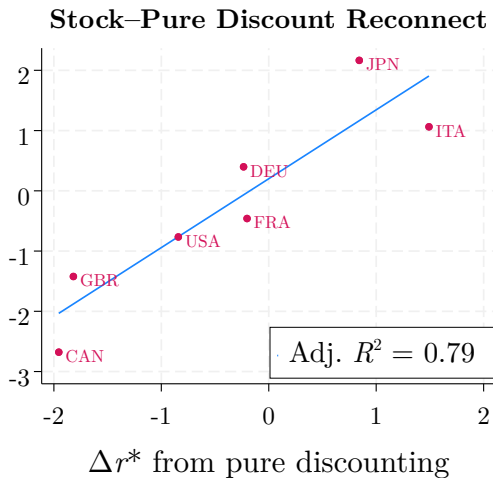
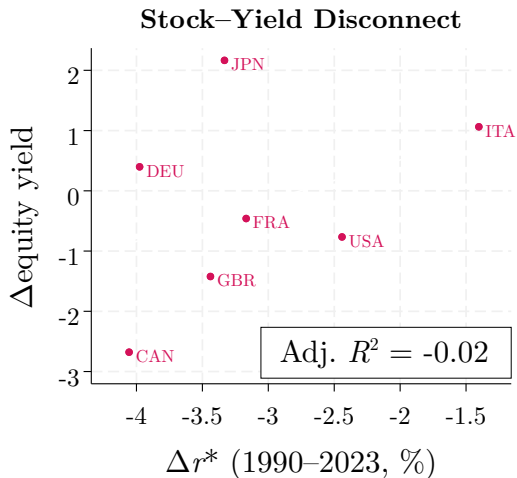


Our goal: Decompose  $\Delta r^*$  to estimate pass-through & importance of each component to equity.

# Main Results: Long-Term Decomposition



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# Implications for a Range of Literature

1. The impact of falling rates on wealth accumulation & ineq. [Catherine et al. 2023, Greenwald et al. 2023]
  - ▶ In U.S., only 35% of the decline in interest rates has passed through to stock prices
  - ▶ Assuming full pass-through overstates impact
2. Duration-matched equity premia [van Binsbergen 2024; Andrews & Gonçalves 2020]
  - ▶ Sizable equity premium relative to pure discount-rate claim (more precise meas. of ex ante RP)
3. Duration in the cross-section of stock returns [Gormsen & Lazarus 2023, Moskowitz & Maloney 2021]
  - ▶ Pure discount-rate exposure reveals substantial cross-sectional differences in duration
4. In paper: Unpacking monetary policy shocks, effects of changing profit shares, and more

# Roadmap

1. Introduction
2. Theoretical Decomposition
3. Empirical Implementation
4. Additional Implications
5. Final Notes

# Decomposition for Interest-Rate Changes

- ▶ **Goal:** Decomposition of changes in trend long-term real rate  $r^*$
- ▶ **Stochastic discount factor**  $M_{t+1} \implies$  gross risk-free rate  $R_{t+1}^f = 1/\mathbb{E}_t[M_{t+1}]$ . Logs:

$$r_{t+1}^f = -\mathbb{E}_t[m_{t+1}] - \underbrace{L_t(M_{t+1})}_{\substack{\text{SDF entropy} \\ \log \mathbb{E}_t[M_{t+1}] - \mathbb{E}_t[m_{t+1}]}}$$

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- **Consumption-based benchmark:** CRRA  $\gamma$ , discount factor  $\beta_t = e^{-\rho_t}$ , log growth  $g_{t+1} = c_{t+1} - c_t$

$$r_{t+1}^f = \underbrace{\rho_t}_{\text{time preference}} + \underbrace{\gamma \mathbb{E}_t[g_{t+1}]}_{\text{expected growth}} - \underbrace{L_t(M_{t+1})}_{\text{uncertainty/prec. savings}} \\ = \frac{\gamma^2}{2} \sigma^2 \text{ if lognormal}$$

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$$\begin{aligned} r_{t+1}^f &= \rho_t + \gamma \mathbb{E}_t[g_{t+1}] - L_t(M_{t+1}) \\ r^* &= \rho^* + \gamma g^* - L_M^* \end{aligned}$$

- ▶ **Interpretation:**  $\Delta r^*$  reflects changes in (i) time preference (pure discounting), (ii) growth, or (iii) risk



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- ▶ **Interpretation:**  $\Delta r^*$  reflects changes in (i) time preference (pure discounting), (ii) growth, or (iii) risk
- ▶ **Less restrictive:** Additive decomposition for log SDF [Hansen 2012]  $\implies$  **general analogue holds**

$$r_{t+1}^f = \underbrace{\rho_t}_{\text{predetermined trend}} + \underbrace{\mathbb{E}_t[f(X_{t+1}) - f(X_t)]}_{\text{diff. for Markov } X} - \underbrace{L_t(M_{t+1})}_{\text{uncertainty/prec. savings}}$$

# Implications for Equity Prices

- ▶ **Equity:** Levered claim to consumption,  $d_t = \lambda c_t$  [robustness:  $d_t \not\propto c_t$ ], risk prem.  $rp_t \equiv \mathbb{E}_t[r_{t+1}^{\text{mkt}}] - r_{t+1}^f$
- ▶ **Steady state for equity dividend yield**  $ey^* \equiv \log(1 + (D/P)^*)$ :

$$ey^* = r^* + \underbrace{rp^*}_{L_M^* - L_{MR}^*} - \lambda g^*$$

- ▶ Holds to 1<sup>st</sup> order  $\forall t$  if  $ey_t$  is (i) random walk or (ii) stationary [using Campbell-Shiller sums]
- ▶  $\frac{\partial ey^*}{\partial r^*}$  has no structural interpretation; **instead, want  $\partial ey^*$  for each of the three terms in  $r^*$**

# Real Rates and Equity Valuations

## Result 1

Real rate:

$$r^* = \rho^* + \gamma g^* - L_M^*$$

Equity yield:

$$\begin{aligned} ey^* &= r^* + rp^* - \lambda g^* \\ &= \rho^* + (\gamma - \lambda)g^* + (rp^* - L_M^*) \end{aligned}$$

Implications:

- ▶ Only change in pure discount rate  $\rho^*$  generates 1-for-1 comovement in  $r^*$  and equity yields  $ey^*$
- ▶ For **growth** and **risk** shocks, offsetting components give weaker or negative passthrough (“impure” discount rate shocks)

# Implications for Equity Duration

- ▶ **Equity duration  $\mathcal{D}$ :** Defined as the value-weighted time to maturity of expected cash flows
- ▶ Often referred to as relevant for measuring interest-rate sensitivity of equity. . .but care is needed

# Implications for Equity Duration

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- ▶ Often referred to as relevant for measuring interest-rate sensitivity of equity. . .but care is needed
- ▶ **Real rate:**  $r^* = \rho^* + \gamma g^* - L_M^*$

## Result 2 (*Three Interest-Rate Sensitivities*)

Duration is equal to the interest-rate sensitivity of stock prices w.r.t. pure discount-rate shocks, but not w.r.t. growth shocks or risk shocks:

$$(i) \quad -\frac{\partial \log P}{\partial \rho^*} = \mathcal{D}, \quad (ii) \quad -\frac{\partial \log P}{\partial (\gamma g^*)} < \mathcal{D}, \quad (iii) \quad -\frac{\partial \log P}{\partial (-L_M^*)} < \mathcal{D},$$

with exact expressions provided in the paper.

**Only a change in  $r^*$  induced by  $\rho^*$  moves equities in line with duration.**

# Roadmap

1. Introduction

2. Theoretical Decomposition

3. Empirical Implementation

Measurement

Secular Trends

Higher-Frequency Changes & Forecasting

4. Additional Implications

5. Final Notes

# Measurement Strategy

For each date & country, want to decompose trend real rate into components:

$$r^* = \underbrace{\rho^*}_{\text{pure disc.}} + \underbrace{\gamma g^*}_{\text{growth}} - \underbrace{L_M^*}_{\text{risk}}$$

We'll measure  $r^*$ ,  $g^*$ , and  $L_M^*$  directly from surveys & options data, then back out  $\rho^*$ .

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- ▶ **Survey data:** Consensus Economics long-term forecasts [1990–2023, 2-4x/yr, 20-30 forecasters per country]
  - ▶  $r^*$ : 5-year-ahead forecast of 10-year bond yield – forecast of inflation
  - ▶  $g^*$ : 5-year-ahead forecast of real output growth
  - ▶ **Key features:**
    - (i) Long-hor. *forward* forecasts remove cyclical variation that affects short-hor. forecasts
    - (ii) Data available in panel of countries
    - (iii) Lower volatility and predictable mean-reversion than, e.g., SPF or IBES data



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- ▶ **Options data:** Global panel of index options from OptionMetrics
  - ▶  $L_M^*$ : proxy using  $VIX^2$  ( $L_M^* \propto VIX^2$  under set of assumptions)
  - ▶ Calculate 6-month  $VIX^2$  using option prices

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  - ▶  $L_M^*$ : proxy using 6-month  $VIX^2$ , calculated from option prices
- ▶  $\rho^*$ : Back out as residual from panel regression (quarter  $t$ , country  $j$ ):

$$r_{t,j}^* = \gamma g_{t,j}^* + \beta_j VIX_{t,j}^2 + \underbrace{\text{Constant} + FE_j + \varepsilon_{t,j}}_{\rho_{t,j}^*}$$

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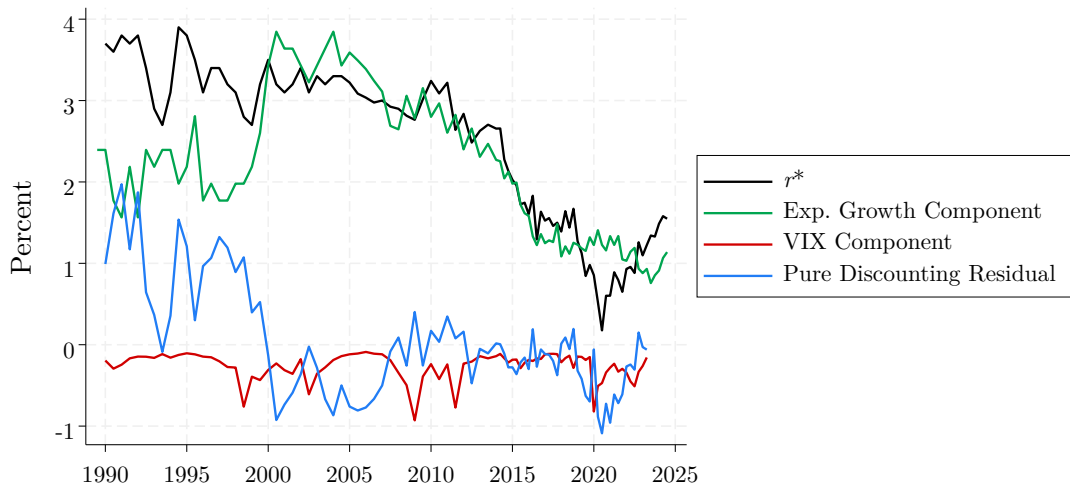
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$$[\hat{\gamma} = 2.1^{***}, \overline{\hat{\beta}_j} = -4.0^{**}, \text{Within } R^2 = 0.61]$$

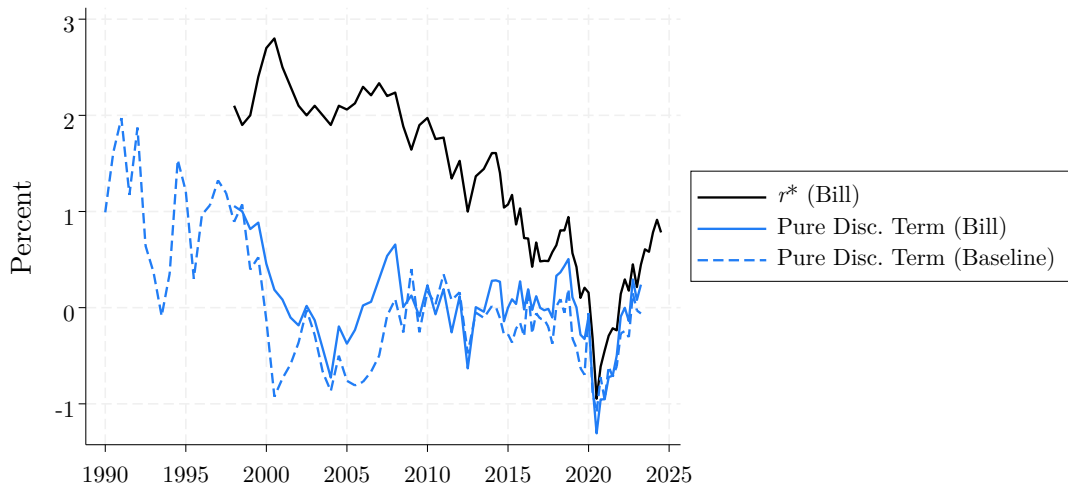
# Time-Series Decomposition Results

U.S. Estimation Results: Decomposition of  $r^*$



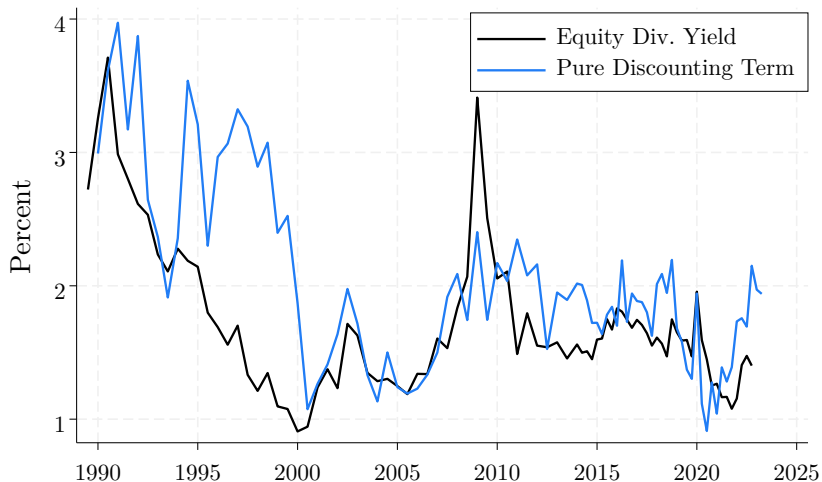
# Time-Series Decomposition Results

## U.S. Estimation Results: Alternative Version Using Short-Rate Forecast

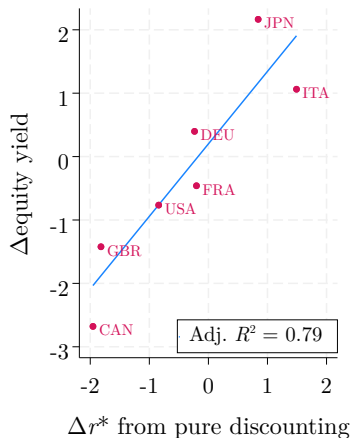


# Time-Series Decomposition Results

## U.S. Estimation Results: Valuations and the Pure Discounting Term



# Main Results: Full-Sample Decomposition

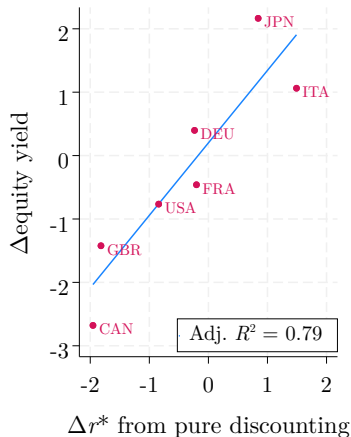


Strikingly good fit!

- ▶ As theory predicts, valuations move 1:1 with  $\Delta \hat{\rho}^*$
- ▶ **Further:** Intercept of 0, corr. near 1 (*recall  $ey^*$  not used to get  $\hat{\rho}^*$ !*)

$\Rightarrow$  to understand long-run valuations,  $\Delta \hat{\rho}^*$  is nearly sufficient

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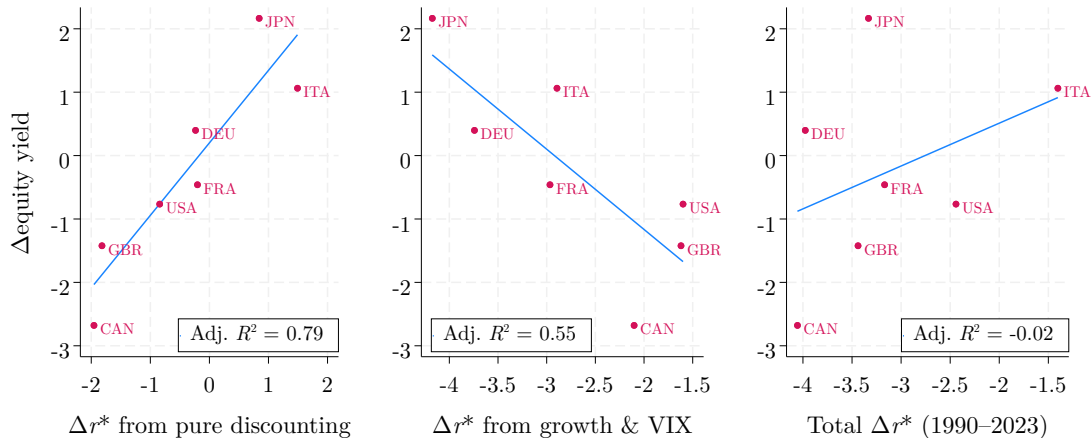


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- ▶ As theory predicts, valuations move 1:1 with  $\Delta \hat{p}^*$
  - ▶ **Further:** Intercept of 0, corr. near 1 (*recall  $ey^*$  not used to get  $\hat{p}^*$ !*)
- ⇒ to understand long-run valuations,  $\Delta \hat{p}^*$  is nearly sufficient
- ▶ Natural Q: What drives pure discount-rate changes?
    - ▶ Time pref. shocks: **unlikely**
    - ▶ More later, but important question going forward



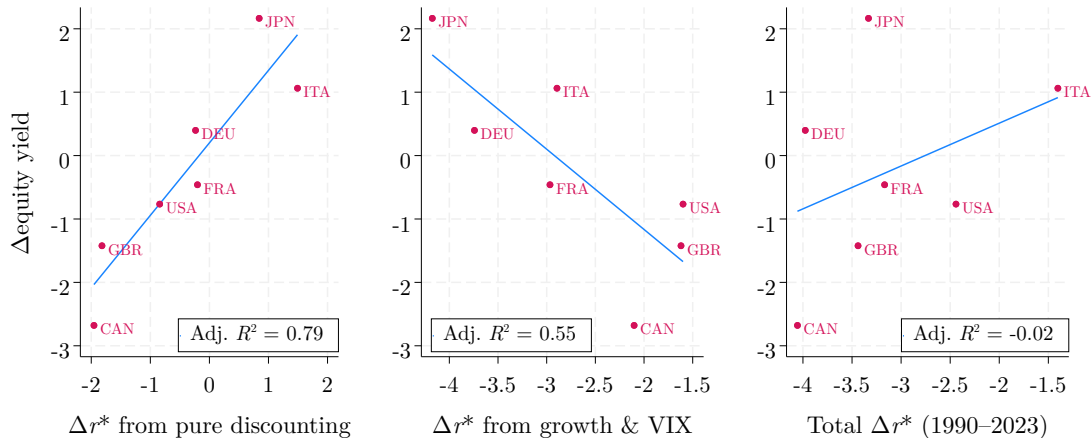
# Main Results: Full-Sample Decomposition



Equity moves negatively with remaining predicted yield (“impure” discounting)

⇒ overall weak relationship. **Yield changes do not in general transmit to risky assets.**

# Main Results: Full-Sample Decomposition



Equity moves negatively with other terms  $\implies$  yield changes do not in general transmit to equity.

**U.S.:** Transmission of  $\Delta r^*$  to equity has only been  $\Delta \rho^* / \Delta r^* = \frac{-0.9}{-2.5} \approx 35\%$ .

# Rate Sensitivities and Equity Duration

## Regressions for Three-Year Stock Returns

	(1)	(2)
	U.S.	U.S.
$\Delta 10y$ yield	4.19 (3.51)	
$\Delta$ pure discount ( $\widehat{\Delta\rho_t^*}$ )		-19.1** (7.64)
$\Delta$ exp. growth		-1.49 (14.0)
$\Delta VIX^2 \times 100$		-3.08** (1.33)
Country FEs	<b>X</b>	<b>X</b>
Obs.	74	74
$R^2$	0.04	0.20
Within $R^2$	—	—

► Weak yield exposure *except* for  $\rho^*$  shocks, exactly in line with theory

► **Duration:**  $-\frac{\partial \log P}{\partial \rho^*} \approx 19y$  for U.S.

[lower bound given meas. uncertainty in  $\widehat{\Delta\rho_t^*}$ ]

# Rate Sensitivities and Equity Duration

Regressions for Three-Year Stock Returns

	(1)	(2)	(3)	(4)
	U.S.	U.S.	All	All
$\Delta 10y$ yield	4.19 (3.51)		-3.39 (2.20)	
$\Delta$ pure discount ( $\widehat{\Delta\rho_t^*}$ )		-19.1** (7.64)		-9.61** (3.26)
$\Delta$ exp. growth		-1.49 (14.0)		16.9* (8.82)
$\Delta VIX^2 \times 100$		-3.08** (1.33)		-5.44*** (0.90)
Country FEs	✗	✗	✓	✓
Obs.	74	74	781	781
$R^2$	0.04	0.20	0.05	0.27
Within $R^2$	—	—	0.02	0.24

All changes contemporaneous. SE: (1)-(2) block bootstrap, (3)-(4) clustered by  $j$  &  $t$ .

► Weak yield exposure *except* for  $\rho^*$  shocks, exactly in line with theory

► **Duration:**  $-\frac{\partial \log P}{\partial \rho^*} \approx 19y$  for U.S.

[lower bound given meas. uncertainty in  $\widehat{\Delta\rho_t^*}$ ]

⇒ Measurement also works at higher freq.

► In paper:  $\rho^*$  strongly predicts **future** ret.

# Robustness to Alternative Measurement Approaches

**Results are robust under a range of approaches:**

- 1. Alternatives to Consensus survey data:** Using SPF to measure  $g^*$  &  $r^*$  in U.S.
  - ▶ Same secular change in pure discounting term ( $\Delta \hat{\rho}^* \sim -1\%$  in the U.S.)
  - ▶ Somewhat weaker fit in time series, consistent with less precise measurement
- 2. Alternatives to VIX<sup>2</sup> for uncertainty:** Estimating uncertainty via GARCH or using uncertainty index
  - ▶ Uncertainty matters mostly for higher-frequency variation
  - ▶ No impact on main results; slightly higher estimated market duration
- 3. Accounting for time-varying profit shares:**
  - ▶ Easy to generalize to allow for changing profit shares & output growth  $\npropto$  dividend growth
  - ▶ We see expected profit growth in U.S. Consensus data, or can use IBES LTG; neither affects results

Robustness: Alternative data, time-varying profit shares

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Cross-Sectional Portfolios

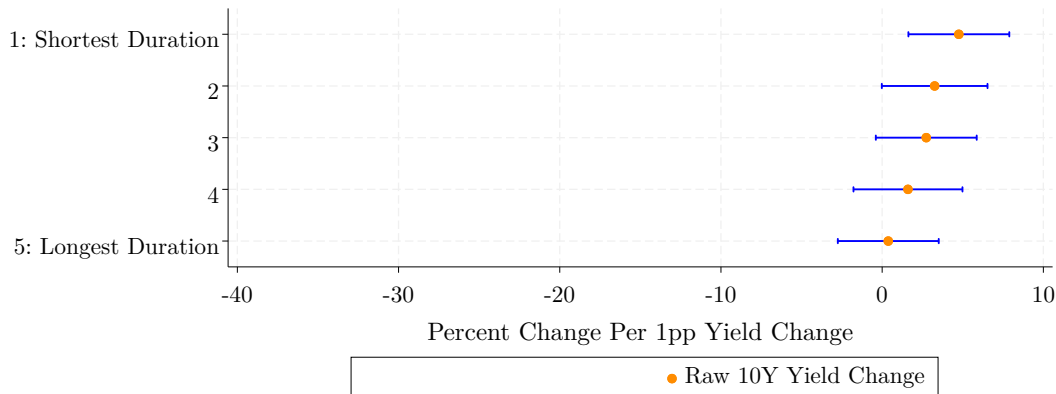
A Significant Duration-Matched Equity Premium

5. Final Notes

# Cross-Sectional Evidence: Duration-Sorted Portfolios

## Portfolio Exposures to **Unadjusted Yield Changes**

[U.S. duration-sorted portfolios via Gormsen & Lazarus 2023, based on predicted LTG]

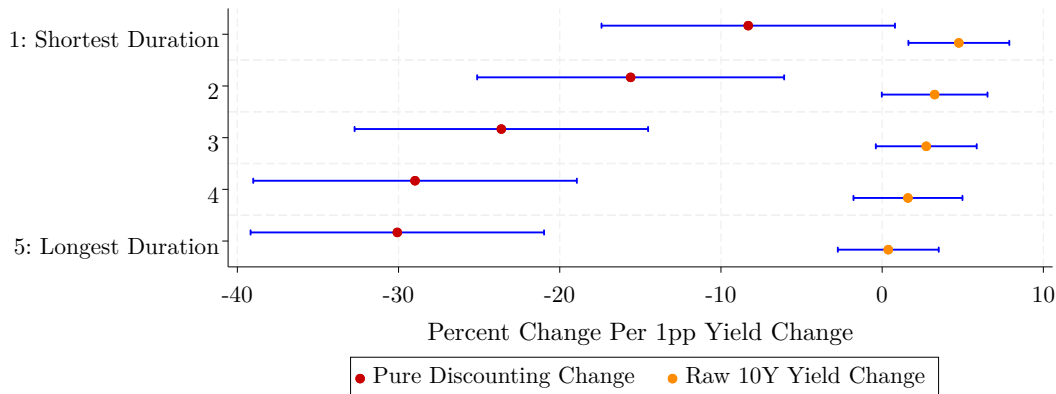


- ▶ Long-duration portfolios are not substantially more exposed to raw interest-rate changes...

# Cross-Sectional Evidence: Duration-Sorted Portfolios

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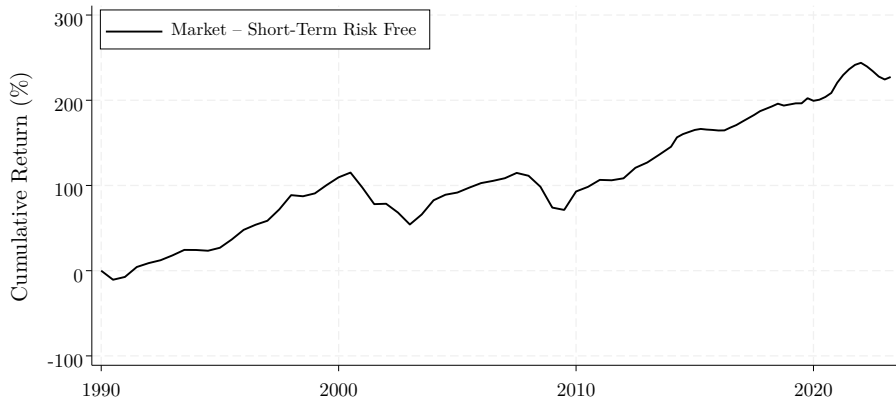


- ▶ Long-duration portfolios are not substantially more exposed to raw interest-rate changes...
- ▶ ...but they're substantially more exposed to  $\rho^*$  shocks, implying large duration spread



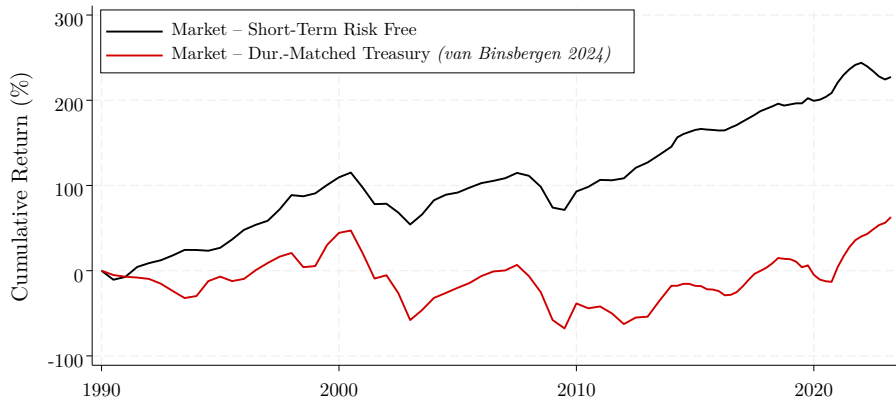
# A Significant Duration-Matched Equity Premium

## Cumulative Excess Returns for the U.S. Market



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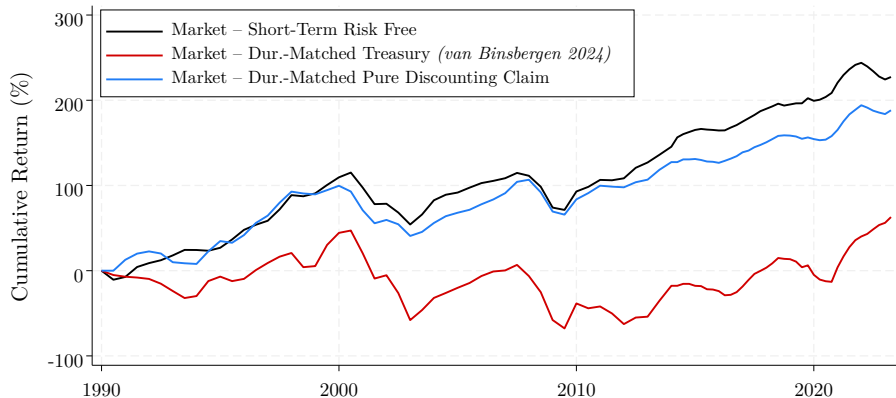
## Cumulative Excess Returns for the U.S. Market



- ▶ Long-term nominal bonds have had high returns → low apparent duration-matched premium
- ▶ But long-term bonds differentially exposed to growth & risk, so we consider new counterfactual
- ▶ Construct **maturity-matched** ( $\mathcal{D} = 19y$ ) **pure discounting claim** that appreciates when  $\rho^* \searrow$

# A Significant Duration-Matched Equity Premium

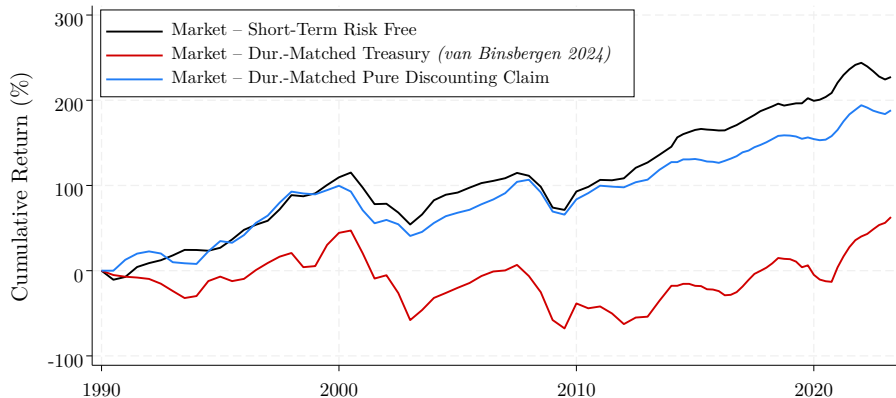
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- ▶ Construct **maturity-matched** ( $\mathcal{D} = 19\text{y}$ ) **pure discounting claim** that appreciates when  $\rho^* \searrow$
- ▶ Market has **6.1%** ann. excess return relative to this claim: cleaner measure of ex ante premium

# A Significant Duration-Matched Equity Premium

## Cumulative Excess Returns for the U.S. Market



**Additional empirical implications:**

Rates & the declining value premium

Unpacking monetary policy shocks

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# Final Notes

**New framework & measurement tools** to decompose changes in rates into underlying drivers.

**Two interpretations:**

**1. Glass half empty: Rate changes matter less for stocks than one might think.**

- ▶ Rate changes transmit only partly to stocks (*U.S.*: 35%); assuming full transmission may be misleading

# Final Notes

**New framework & measurement tools** to decompose changes in rates into underlying drivers.

**Two interpretations:**

**1. Glass half empty: Rate changes matter less for stocks than one might think.**

- ▶ Rate changes transmit only partly to stocks (*U.S.*: 35%); assuming full transmission may be misleading

**2. Glass half full: Transmission is quite strong, once you isolate the right component.**

- ▶  $\Delta$ pure discounting component of rates  $\overset{\sim}{\rightleftharpoons} \Delta$ valuations
- ▶ Understanding drivers of  $\rho^*$  goes a long way to understanding secular valuation changes

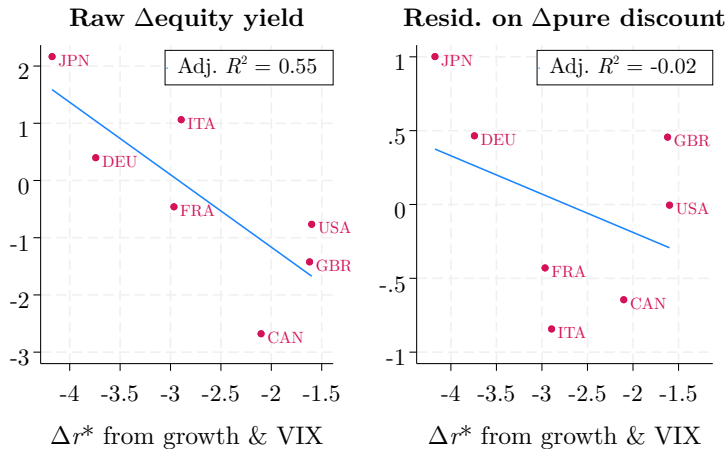
**Natural next question:** What explains  $\rho^*$  changes?

- ▶ **In paper:** Net capital flows, MP shocks as drivers of  $\Delta\rho^*$  (in theory & data), but worth exploring more

# Appendix



# Interpreting the Growth & VIX Contributions

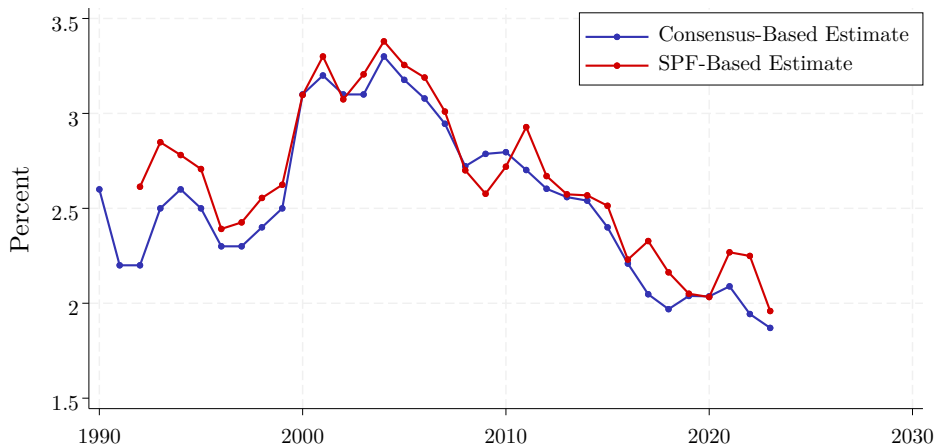


**Left:** Raw best-fit line does not pass through origin.

**Right:**  $\Delta\rho_{t,j}^*$  accounts for most of the variation.

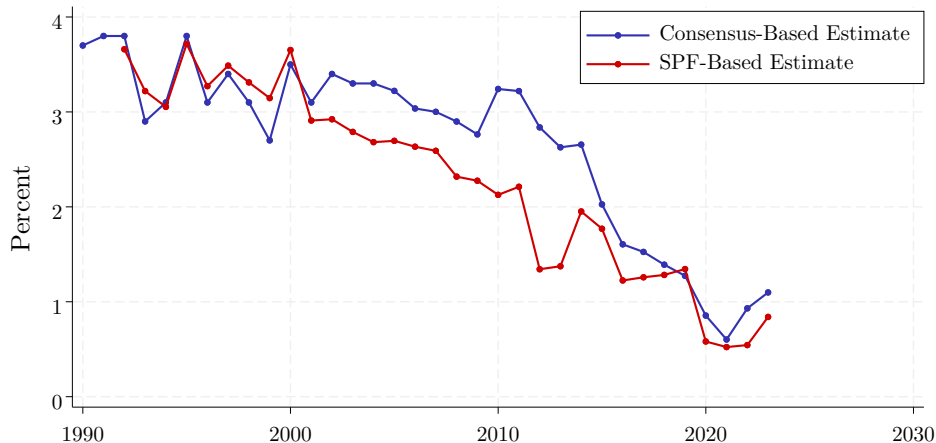
# Robustness: SPF Survey Data

## Consensus vs. SPF: U.S. Long-Term Growth Expectations



# Robustness: SPF Survey Data

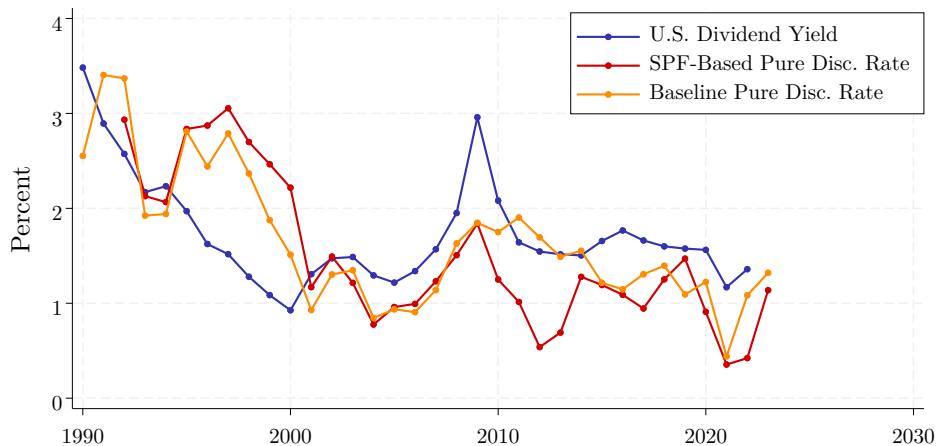
Consensus vs. SPF: U.S.  $r^*$  Estimates



[Back to main](#)

# Robustness: SPF Survey Data

## Consensus vs. SPF: Pure Discounting Estimates and Equity Yields



# Robustness: Time-Varying Profit Shares in Theory

- ▶ Greenwald, Lettau, Ludvigson (2025): 40% of equity returns since '89 attributable to rising profit share
- ▶ How does this affect our analysis?
- ▶ **Real rate:** Same decomposition applies:  $r^* = \rho^* + \gamma g^* - L_M^*$ , where  $g^*$  is output growth
- ▶ **Equity:** Rising profit share  $\pi$  can increase equity **prices & earnings** without affecting equity **yields**
  - ▶ Holds if  $\Delta\pi$  is unanticipated level shock with no change in expected div. growth  $g_d^*$
  - ▶ GGL25 estimate that this describes U.S. data ( $\pi$  is mean-reverting)

# Robustness: Time-Varying Profit Shares in Theory

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- ▶ **More generally:** Decoupling expected **output growth**  $g^*$  & **div. growth**  $g_d^*$  (i.e.,  $\text{Corr} < 1$ ) leads to

$$ey^* = \rho^* + \gamma g^* - g_d^* - L_{MR}^*$$

- ▶ **Theoretical implications for change in  $r^*$  on  $ey^*$  are the same as before**
  - ▶ Only **pure discounting** shocks pass through directly
  - ▶ As long as  $\text{Corr}(g^*, g_d^*) > 0$ , weaker pass-through from growth shocks
  - ▶ Pure  $g_d^*$  shocks are entirely separate from  $r^*$  dynamics. Defining  $\pi^* \equiv g_d^* - \lambda g^*$ :

$$ey^* = \rho^* + (\gamma - \lambda)g^* - \pi^* - L_{MR}^*$$

# Robustness: Time-Varying Profit Shares in the Data

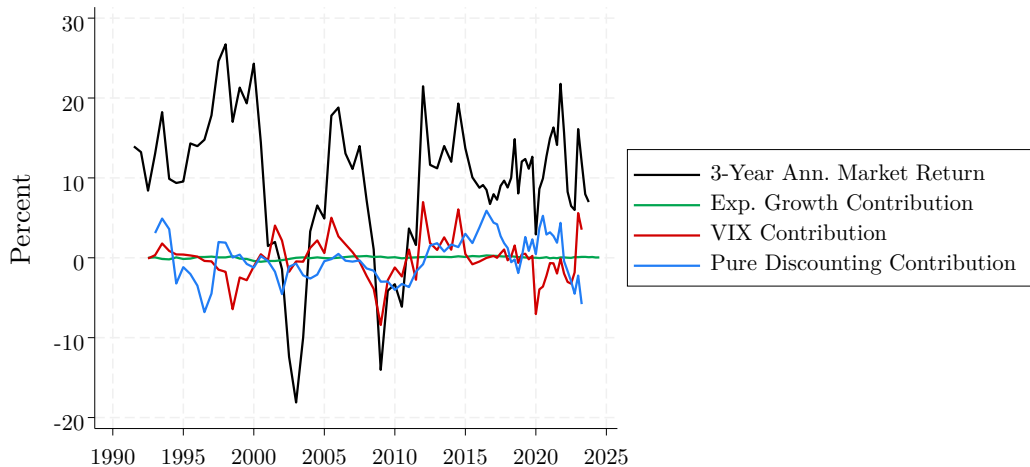
- ▶ Greenwald, Lettau, Ludvigson (2025): 40% of equity returns since '89 attributable to rising profit share
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$$ey^* = \rho^* + \gamma g^* - g_d^* - L_{MR}^*$$

- ▶ **Empirically:** Two proxies for  $g_d^*$  in U.S. data
  1. Agg. earnings growth forecast (LTG) [Nagel–Xu 2022]: for full sample,  $\Delta g_d^* = -0.60, \Delta g^* = -0.70$
  2. Expected profit growth via Consensus: for avail. sample (since '98),  $\Delta g_d^* = -1.26, \Delta g^* = -0.50$
- ▶ So in U.S.,  $\Delta$ profit shares don't appear to affect results (nor for high-freq., or w/ alt. vol. meas.)

# Higher-Frequency Equity Return Accounting

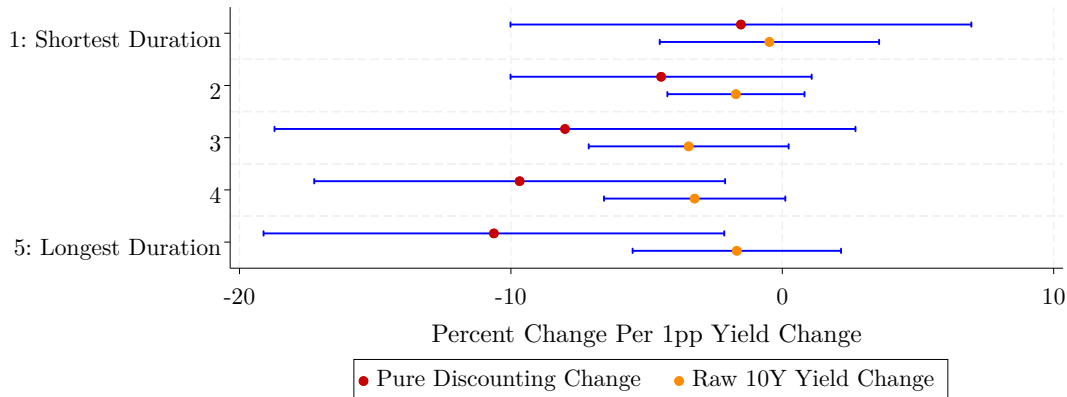
## Decomposition of U.S. Value-Weighted Equity Returns





# Duration-Sorted Portfolios in Global Sample

## Portfolio Exposure to Pure Discount Rates and Yields: Global Stocks



- ▶ Long-dur. portfolios are **substantially more exposed** to  $\rho^*$  shocks (*despite their negative CAPM alphas*)
- ▶ Implies a significant spread between lowest- and highest-duration stocks
- ▶ **Also apparent for global stocks** (and similarly for raw yield exposures)

[Back to main](#)

# Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- ▶ How much is due to interest rates?



## Cliff's Perspective

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### Is Value Just an Interest Rate Bet?

*Spoiler Alert: Not Even Close*

*August 11, 2022*

# Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- ▶ How much is due to interest rates? We'll mostly agree

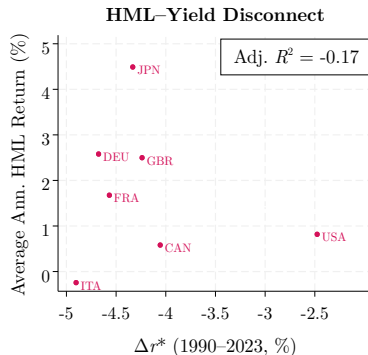


## Cliff's Perspective

### Is Value Just an Interest Rate Bet?

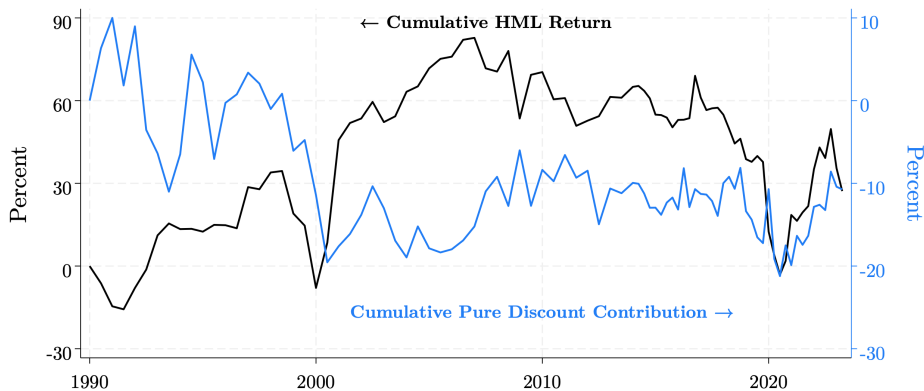
*Spoiler Alert: Not Even Close*

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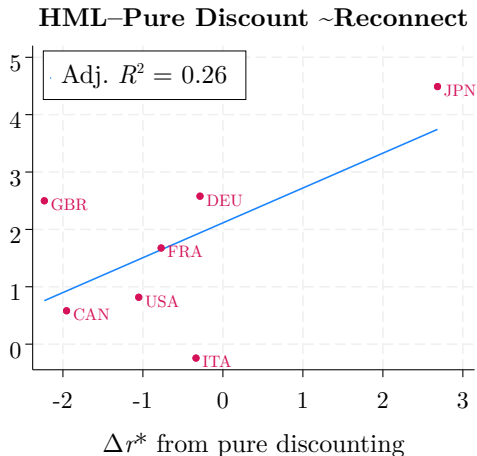
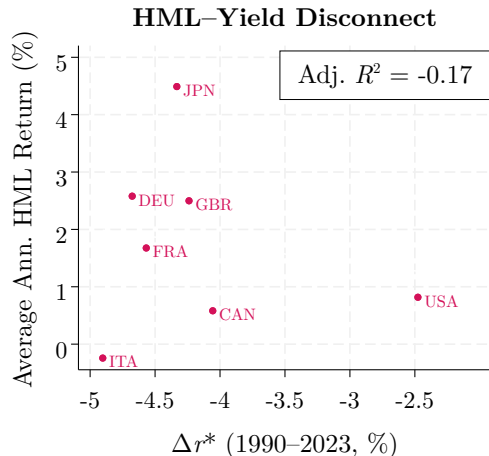


# Discount-Rate Shocks and Value Returns

- ▶ Declining value premium? Value stocks have underperformed growth stocks since ~2006
- ▶ How much is due to interest rates? We'll mostly agree...but not fully. HML is short-duration, exposed to recent discounting shocks.
- ▶ While pure discount contribution is often important, clearly not the full story (*note scale*)



# Discount-Rate Shocks and Value Returns: Global Evidence



- Pure discounting changes important, but not the full story (*& other long-duration portfolios have done well*)

# What Is a Monetary Policy Surprise?

Papers often treat MP surprise as if it were a pure discount-rate shock

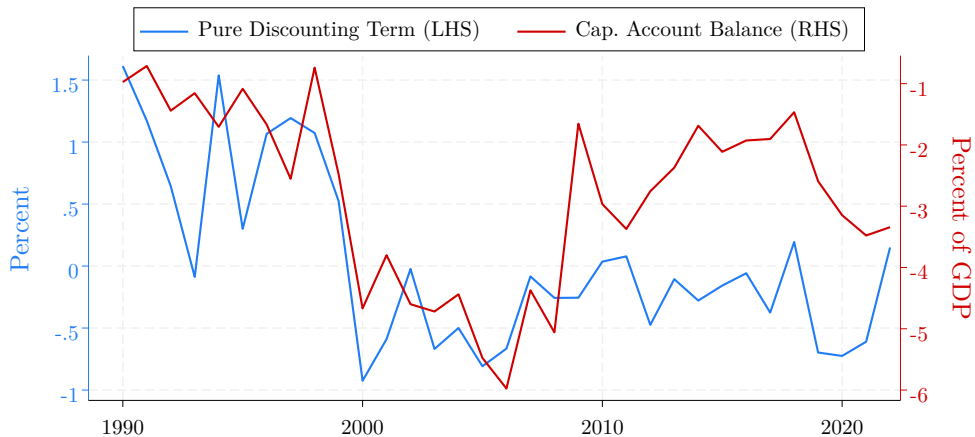
- ▶ The surprise  $\Delta FF_t$  may be exogenous, but yield change  $\Delta y_{\text{long-term},t}$  depends on  $\Delta$  pure discount rate, expected growth rate, & uncertainty *given* surprise. . . and stock return does **not** identify duration
- ▶ If pos. MP shocks are contractionary & increase VIX,  $\Delta \rho_{t,j} > \Delta y_{t,j}$ . With an info. effect, ambiguous.
- ▶ Our estimates, along with  $\Delta y_t$ ,  $r_t^{\text{mkt}}$ , and  $\Delta \text{VIX}_t^2$  given identified MP surprises, allow us to invert two equations for two unknowns,  $\Delta g_t$  and  $\Delta \rho_t$ :

$$\text{Bonds: } \Delta y_t = \Delta \rho_t + \hat{\gamma} \Delta g_t - \hat{\beta}_j \Delta \text{VIX}_t^2$$

$$\text{Stock returns: } r_t^{\text{mkt}} = \hat{\pi}_\rho \Delta \rho_t + \hat{\pi}_g \Delta g_t + \hat{\pi}_V \Delta \text{VIX}_t^2$$

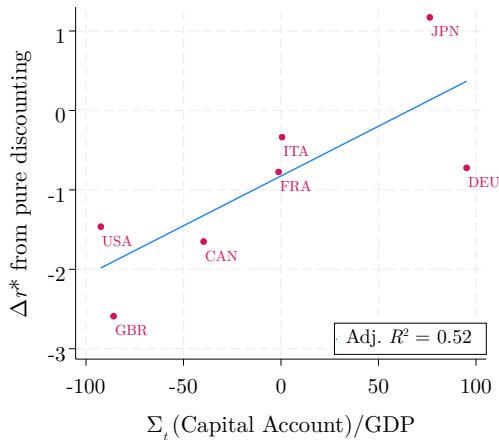
- ▶ We back out  $\Delta \rho_t$  and  $\Delta g_t$  for each MP announcement and regress each on Bauer & Swanson (2023) orthogonalized MP shock: (1)  $\beta_\rho = 0.29^{***}$  [ $R^2 = 0.30$ ], (2)  $\beta_g = 0.07^*$  [ $R^2 = 0.04$ ]  
 $\implies$  75% of MPS is pure discounting shock, but some info. effect on average (*can also do t-specific plots*)
- ▶ Similar conclusions to Nagel & Xu (2024), using different methods

# Pure Discounting Changes and Capital Flows in the U.S.



**In paper:** Net capital flows can induce  $\Delta \rho_{t,j}^*$  in theory (given  $\Delta r_{t,j}^*$  without large  $\Delta$ fundamentals)

# Pure Discounting Changes and Capital Flows Across Countries



**In paper:** Net capital flows can induce  $\Delta \rho_{t,j}^*$  in theory (given  $\Delta r_{t,j}^*$  without large  $\Delta$ fundamentals)