USDA Food Assistance Programs (SNAP, the National School Lunch Program, and the School Breakfast Program) and Healthy Food Choices: Quasi-Experimental Evidence from Geographic Variation in Food Prices

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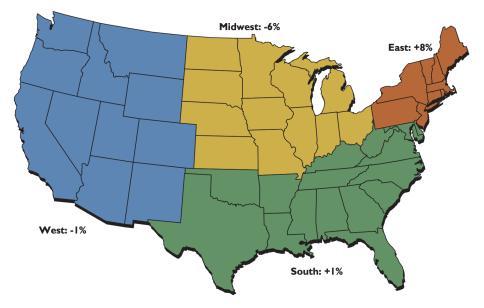
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Our Research I

- While legislated maximum SNAP benefits are fixed across 48 states, food prices vary significantly across geographic locations.
- Deductions for costs of housing, medical care, and dependent care help, but are not sufficient sufficient to equalize real value of SNAP benefits across geographic areas (Breen et al., 2011).
- Food price variation has been studied using BLS data at the census region level, or using QFAHPD for 35 market groups (Gregory & Coleman-Jensen, 2013).

- What fraction of recipients can actually afford the TFP locally?
- What does SNAP relative generosity do to child health?
- What does SNAP relative generosity do to nutrition?

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Source: Calculations by USDA, Economic Research Service using Bureau of Labor Statistics' average retail price data.

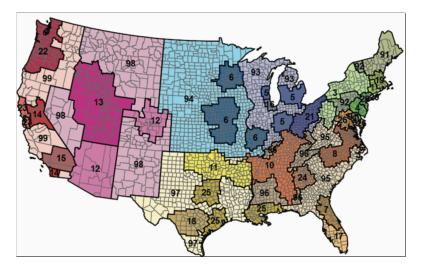


Figure: Quarterly Food-at-Home Price Database market groups, 2002-06 (Source: Todd et al 2010)

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FoodAPS

"USDA's National Household Food Acquisition and Purchase Survey (FoodAPS) is the first nationally representative survey of American households to collect unique and comprehensive data about household food purchases and acquisitions."

- FoodAPS lets us look at the relationship between food prices and SNAP adequacy at a much finer geographical level.
- We compare households' SNAP benefits to the prices these households face for a standardized bundle of foods: The Thrifty Food Plan.

Cost of the Thrifty Food Plan

Unit of observation = store-week



Research Questions

- 1. Are SNAP benefits adequate for SNAP households to purchase the TFP? If not, what is the shortfall?
 - Compare TFP cost to:
 - SNAP benefit received + 30% of net income
 - Legislated maximum SNAP benefit
- 2. What about for SNAP-eligible households?
- 3. For which types of households are SNAP benefits inadequate?

| | Average | Standard Error Net Income | Ν | Average | Standard Error Max Benefits | Ν |
|-----------------------|---------|------------------------------|------|---------|--------------------------------|------|
| Census Region Median | 78% | 0.02 | 1444 | 83% | 0.03 | 1581 |
| State Median | 79% | 0.02 | 1444 | 76% | 0.04 | 1581 |
| County Median | 79% | 0.02 | 1436 | 74% | 0.04 | 1572 |
| 20-mile Median | 78% | 0.02 | 1338 | 73% | 0.04 | 1464 |
| 10-mile Median | 78% | 0.02 | 1311 | 73% | 0.04 | 1433 |
| 5-mile Median | 77% | 0.02 | 1224 | 72% | 0.04 | 1338 |
| 3.4-mile Median | 77% | 0.02 | 1174 | 74% | 0.04 | 1281 |
| 2.5mile Median | 77% | 0.02 | 1123 | 72% | 0.04 | 1225 |
| 10-nearest Median | 79% | 0.02 | 1338 | 77% | 0.03 | 1464 |
| 5-nearest Median | 78% | 0.02 | 1332 | 71% | 0.03 | 1458 |
| Census Region Minimum | 100% | 0.00 | 1444 | 100% | 0.00 | 1581 |
| State Minimum | 99% | 0.00 | 1444 | 100% | 0.00 | 1581 |
| County Minimum | 94% | 0.01 | 1436 | 100% | 0.00 | 1572 |
| 20-mile Minimum | 95% | 0.01 | 1338 | 100% | 0.00 | 1464 |
| 10-mile Minimum | 93% | 0.01 | 1311 | 100% | 0.00 | 1433 |
| 5-mile Minimum | 91% | 0.01 | 1224 | 99% | 0.00 | 1338 |
| 3.4-mile Minimum | 90% | 0.01 | 1174 | 100% | 0.00 | 1281 |
| 2.5mile Minimum | 90% | 0.01 | 1123 | 99% | 0.01 | 1225 |
| 10-nearest Minimum | 91% | 0.01 | 1338 | 100% | 0.00 | 1464 |
| 5-nearest Minimum | 89% | 0.01 | 1332 | 98% | 0.01 | 1458 |
| 2-nearest Minimum | 83% | 0.02 | 1332 | 85% | 0.02 | 1458 |

Sufficiency Rates of SNAP for **Recipient** Households by Distance

| | Average | Standard Error | Ν | Average | Standard Error | Ν |
|--------------------|---------|----------------|------|--------------|----------------|------|
| | Si | | | Max Benefits | | |
| Region Median | 94% | 0.01 | 2405 | 78% | 0.03 | 2405 |
| State Median | 93% | 0.01 | 2405 | 73% | 0.03 | 2405 |
| County Median | 93% | 0.01 | 2395 | 71% | 0.05 | 2395 |
| 20-mile Median | 92% | 0.01 | 2242 | 69% | 0.05 | 2242 |
| 10-mile Median | 92% | 0.01 | 2189 | 68% | 0.04 | 2189 |
| 5-mile Median | 91% | 0.01 | 2043 | 67% | 0.04 | 2043 |
| 3.4-mile Median | 91% | 0.01 | 1962 | 68% | 0.04 | 1962 |
| 2.5mile Median | 92% | 0.01 | 1879 | 68% | 0.04 | 1879 |
| 10-nearest Median | 93% | 0.01 | 2242 | 72% | 0.03 | 2242 |
| 5-nearest Median | 92% | 0.01 | 2237 | 64% | 0.03 | 2237 |
| Region Minimum | 100% | 0.00 | 2405 | 100% | 0.00 | 2405 |
| State Minimum | 100% | 0.00 | 2405 | 100% | 0.00 | 2405 |
| County Minimum | 100% | 0.00 | 2395 | 100% | 0.00 | 2395 |
| 20-mile Minimum | 100% | 0.00 | 2242 | 99% | 0.01 | 2242 |
| 10-mile Minimum | 100% | 0.00 | 2189 | 100% | 0.00 | 2189 |
| 5-mile Minimum | 99% | 0.00 | 2043 | 98% | 0.00 | 2043 |
| 3.4-mile Minimum | 99% | 0.00 | 1962 | 98% | 0.01 | 1962 |
| 2.5mile Minimum | 99% | 0.00 | 1879 | 97% | 0.01 | 1879 |
| 10-nearest Minimum | 100% | 0.00 | 2242 | 99% | 0.01 | 2242 |
| 5-nearest Minimum | 99% | 0.00 | 2237 | 97% | 0.01 | 2237 |
| 2-nearest Minimum | 96% | 0.00 | 2237 | 82% | 0.02 | 2237 |

Sufficiency Rates of SNAP for **Eligible** Households by Distance from Stores

| | SNAP Re | ecipients | | SNAP EI | igible | |
|-------------------------|---------|-----------|---------|---------|---------|---------|
| Characteristic | No | Yes | P-value | No | Yes | P-value |
| Family Size | 2.78 | 2.65 | 0.43 | 2.52 | 2.21 | 0.11 |
| Household Max Age | 50.83 | 49.35 | 0.30 | 53.22 | 53.00 | 0.89 |
| Household Min Age | 27.00 | 28.14 | 0.65 | 34.82 | 37.21 | 0.43 |
| Income Per Person | 952.04 | 894.23 | 0.52 | 1571.35 | 1354.35 | 0.18 |
| Income | 2392.80 | 1950.32 | 0.05 | 3059.18 | 2355.08 | 0.04 |
| Percent of Poverty Line | 141.95 | 124.20 | 0.12 | 209.82 | 172.74 | 0.08 |
| HH Has Earned Income | 0.50 | 0.53 | 0.57 | 0.60 | 0.55 | 0.21 |
| Household Max Education | 20.08 | 19.65 | 0.10 | 20.76 | 20.24 | 0.09 |
| HH Has Elderly Member | 0.30 | 0.27 | 0.40 | 0.38 | 0.37 | 0.83 |
| Nonmetro Area | 0.03 | 0.17 | 0.01 | 0.03 | 0.17 | 0.02 |
| Metro Area | 0.97 | 0.83 | 0.01 | 0.97 | 0.83 | 0.02 |
| High Food Security | 0.34 | 0.32 | 0.52 | 0.45 | 0.50 | 0.44 |
| Marginal Food Security | 0.25 | 0.21 | 0.24 | 0.23 | 0.19 | 0.13 |
| Low Food Security | 0.24 | 0.26 | 0.57 | 0.21 | 0.16 | 0.08 |
| Very Low Food Security | 0.18 | 0.21 | 0.40 | 0.11 | 0.16 | 0.02 |
| Troube Paying Bills | 0.30 | 0.27 | 0.45 | 0.18 | 0.17 | 0.83 |
| High Price Area | 0.88 | 0.00 | 0.00 | 0.90 | 0.00 | 0.00 |
| Northeast | 0.22 | 0.09 | 0.25 | 0.29 | 0.09 | 0.13 |
| Midwest | 0.24 | 0.34 | 0.33 | 0.16 | 0.35 | 0.05 |
| South | 0.33 | 0.43 | 0.25 | 0.32 | 0.42 | 0.33 |
| West | 0.21 | 0.14 | 0.49 | 0.22 | 0.14 | 0.39 |

Characteristics of Households by SNAP Sufficiency

Conclusions and Concerns from Variation in Sufficiency

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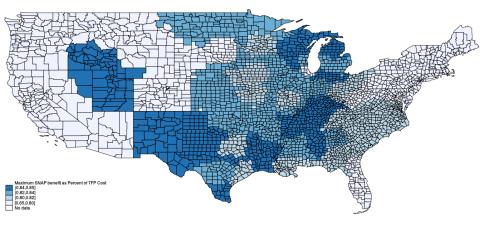
- 1. Fraction of SNAP households who can afford to purchase the TFP within their county 75% to 80%.
 - Matters less what shopping radius you use than whether people can find and shop at minimum store.
- 2. Estimated measures of SNAP adequacy are higher among SNAP-eligible households than SNAP recipients, with results dependent on benefit calculation method.
- 3. Families in high-price and perhaps metro areas are less able to afford the TFP.
- 4. Gap measure hard to define in useful relative terms (zero/very low income, benefits).

Health Effects

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The Real Value of SNAP Benefits and Health Outcomes

- Use QFAHPD and restricted access geo-located NHIS to look at how food price variation affects health outcomes among SNAP recipients and SNAP eligibles (UKCPR).
- 10 percent increase in SNAP purchasing power increases the likelihood a child had a check-up in the past year by 5.4 percent and may reduce the likelihood that children delay or go without care due to cost.
- We do not find much evidence that these higher prices cause detrimental impacts on health status, the likelihood of a hospitalization, or other measures of physical (e.g., obesity) and mental health (e.g., child has emotional problems). School days is exception.



| Health Care Utilization | | | | | | |
|------------------------------|--|---|--|--|--|--|
| (1) | (2) | (3) | | | | |
| Had a checkup past 12m | Doctor's visit past 12m | Delay or forgo care past 12m | | | | |
| 0.435** (0.205) | 0.221 (0.141) | -0.148** (0.068) | | | | |
| 0.766 | 0.895 | 0.0563 | | | | |
| 0.041 | 0.021 | -0.014 | | | | |
| 5.4% | 2.3% | -24.9% | | | | |
| 18,746 | 18,884 | 18,884 | | | | |
| 0.083 | 0.043 | 0.020 | | | | |
| | (1) Had a checkup past 12m 0.435** (0.205) 0.766 0.041 5.4% 18,746 | (1) (2) Had a checkup past 12m Doctor's visit past 12m 0.435** 0.221 (0.205) 0.766 0.895 0.041 0.766 2.3% 18,746 18,884 | | | | |

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| Health Out | (1) | (2) | (3) |
|---|--|---------------------------------------|---|
| | Health status excellent or very good | Hospitalized overnight past 12m | School days missed due to illness |
| log(SNAPMAX/TFP) | -0.106 (0.185) | 0.080 (0.079) | -10.340** (3.873) |
| Mean of dep. var. | 0.701 | 0.078 | 4.956 |
| Effect of 10% increase in SNAP purchasing power | -0.010 | 0.000 | -0.986 |
| As a % of mean of dep. var. | -1.4% | 0.0% | -19.9% |
| N | 18,880 | 18,872 | 11,942 |
| R2 | 0.034 | 0.150 | 0.038 |

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- Use local relative generosity of SNAP to measure nutrition impacts.
- Outcomes:
 - HEI (total, fruit, veg)
 - sugar, fat, alcohol (sofa_perc)
 - self-reported nutrition status
- Cross-sectional data: plan to use Altonji, Elder, Taber method to compare with and without observable controls.

 National School Lunch Program and the School Breakfast Program as mediators.

 $Nutrition_{ij} = \alpha + \beta \cdot f(TFP_{ij}, MAXSNAP_{ij}) + X_{ij} \cdot \theta + \delta_j + \epsilon_{ij}$

- ► Function could be log(TFP_{ij}), log(SNAPMAX_{ij}/TFP_{ij}), sufficiency[0/1], or gap[cont.].
- X is rural, nonmetro, troublebills, largeexp, highpricearea, inchhavg, famsize, nocar, anytobacco, snapdays_final, WIC eligibility.

County fixed effects for now.

| Nutrition and Meas | ures of | SNAF | Purch | nasing l | Power | |
|---|--|---|------------------------------|-------------------------------|------------------------------|-------------------------------|
| Outcome: HEI Total Score | (1) | (2) | (5) | (6) | (7) | (8) |
| log(SNAP/TFP) | 4.966* (2.998) | 6.007* (3.158) | | | | |
| SNAP + 30% income sufficient to purchase TFP | | | 1.469* (0.838) | 1.740** (0.841) | | |
| Gap between SNAP+30% of income and TFP cost | | | | | 0.001 (0.002) | 0.003 (0.002) |
| County FE Observations R-squared Mean Effect of a 10% increase in indep. var. | No 1,378 0.058 47.66 0.473 | Yes 1,378 0.102 47.66 0.573 | No 1268 0.055 47.69 | Yes 1268 0.098 47.69 | No 1268 0.054 47.69 | Yes 1268 0.097 47.69 |

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Nutrition and SNAP Purchasing Power

| Regression of nutrition outcomes on purchasing power of snap benefits at 5-nearest store median | | | | | | | | |
|---|-----------|-----------|-------------|-------------|-----------|-----------|--|--|
| | (1) | (2) | (3) | (4) | (5) | (6) | | |
| | HEI total | HEI total | HEÌ Ýeg | HEÌ Ýeg | HEI Fruit | HEÌ Fruit | | |
| | | | | | | | | |
| log (SNAP/TFP) | 4.966* | 6.007* | 0.300 | 0.474 | 0.279 | 0.494 | | |
| | (2.998) | (3.158) | (0.341) | (0.358) | (0.326) | (0.354) | | |
| | | | | | | | | |
| State FE | No | Yes | No | Yes | No | Yes | | |
| Observations | 1,378 | 1,378 | 1,378 | 1,378 | 1,378 | 1,378 | | |
| R-squared | 0.058 | 0.102 | 0.027 | 0.055 | 0.083 | 0.106 | | |
| Mean | 47.66 | 47.66 | 2.592 | 2.592 | 1.734 | 1.734 | | |
| Effect10 | 0.473 | 0.573 | 0.0286 | 0.0452 | 0.0266 | 0.0471 | | |
| | (7) | (8) | (9) | (10) | (11) | (12) | | |
| | SOFA | SOFA | Diet Person | Diet Person | Diet HH | Diet HH | | |
| | C 422*** | 0 (70*** | 0 1 2 0 | 0 157 | 0.0025 | 0.0456 | | |
| $\log (SNAP/TFP)$ | -6.433*** | -8.678*** | 0.139 | 0.157 | 0.0935 | 0.0456 | | |
| | (2.392) | (2.624) | (0.195) | (0.218) | (0.211) | (0.224) | | |
| State FE | No | Yes | No | Yes | No | Yes | | |
| Observations | 1,378 | 1,378 | 1,434 | 1,434 | 1,187 | 1,187 | | |
| R-squared | 0.031 | 0.065 | 0.025 | 0.048 | 0.010 | 0.040 | | |
| Mean | 33.59 | 33.59 | 3.299 | 3.299 | 3.094 | 3.094 | | |
| Effect10 | -0.613 | -0.827 | 0.0132 | 0.0150 | 0.00891 | 0.00434 | | |
| | 0.010 | 2.021 | | 1.11100 | | | | |

| Nutrition and SNAP TFP Sufficiency $[0/1]$ | | | | | | | | |
|---|-----------|-----------|-------------|-------------|-----------|-----------|--|--|
| Regression of nutrition outcomes on purchasing power of snap benefits at 5-nearest store median | | | | | | | | |
| | (1) | (2) | (3) | (4) | (5) | (6) | | |
| | HEI total | HEI total | HEI Veg | HEI Veg | HEI Fruit | HEI Fruit | | |
| SNAP sufficient for TFP | 1.469* | 1.740** | -0.116 | -0.0969 | 0.128 | 0.142 | | |
| | (0.838) | (0.841) | (0.103) | (0.104) | (0.110) | (0.113) | | |
| Observations | 1,268 | 1,268 | 1,268 | 1,268 | 1,268 | 1,268 | | |
| R-squared | 0.055 | 0.098 | 0.025 | 0.052 | 0.081 | 0.104 | | |
| Mean | 47.69 | 47.69 | 2.572 | 2.572 | 1.744 | 1.744 | | |
| | (7) | (8) | (9) | (10) | (11) | (12) | | |
| | SOFA | SOFA | Diet Person | Diet Person | Diet HH | Diet HH | | |
| SNAP sufficient for TFP | -0.297 | -0.667 | -0.00510 | 0.000139 | -0.154** | -0.139** | | |
| | (0.820) | (0.827) | (0.0689) | (0.0700) | (0.0671) | (0.0691) | | |
| Observations | 1,268 | 1,268 | 1,322 | 1,322 | 1,092 | 1,092 | | |
| R-squared | 0.026 | 0.057 | 0.019 | 0.044 | 0.015 | 0.041 | | |
| Mean | 33.63 | 33.63 | 3.305 | 3.305 | 3.081 | 3.081 | | |

Nutrition and TFP Shortfall

| Regression of nutrition outcomes on TFP-(SNAP+30\% net income) at 5-nearest store median | | | | | | | | |
|--|-----------|-----------|------------|------------|-------------|--------------|--|--|
| | (1) | (2) | (3) | (4) | (5) | (6) | | |
| | HEI total | HEI total | HEI Veg | HEI Veg | HEI Fruit | HEI Fruit | | |
| TFP Shortfall | -0.00147 | -0.00255 | 0.000354* | 0.000290 | -0.000562** | -0.000662*** | | |
| | (0.00176) | (0.00176) | (0.000215) | (0.000220) | (0.000229) | (0.000232) | | |
| Observations | 1,268 | 1,268 | 1,268 | 1,268 | 1,268 | 1,268 | | |
| R-squared | 0.054 | 0.097 | 0.026 | 0.053 | 0.084 | 0.109 | | |
| Mean | 47.69 | 47.69 | 2.572 | 2.572 | 1.744 | 1.744 | | |
| TFP Shortfall | -0.00103 | -7.04e-05 | 0.000192 | 0.000206 | 0.000252* | 0.000248* | | |
| | (0.00165) | (0.00169) | (0.000146) | (0.000152) | (0.000138) | (0.000141) | | |
| Observations | 1,268 | 1,268 | 1,322 | 1,322 | 1,092 | 1,092 | | |
| R-squared | 0.026 | 0.057 | 0.020 | 0.046 | 0.014 | 0.040 | | |
| Mean | 33.63 | 33.63 | 3.305 | 3.305 | 3.081 | 3.081 | | |

Very tentative conclusions

- Higher real value of SNAP associated with higher HEI score, evenly across sub-categories.
- Drop in sugar, fat, and alcohol.
- Less strong when filtered through exact TFP cost.

Concerns

 School breakfast availability missing for high fraction of sample.

Thank You

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